

How to help your child choose?

School

Throughout the cycle d'orientation (CO), students can attend a class which enables them to familiarize themselves with the working world, to get to know themselves better and to move ahead with their choices for the future.

Parents

You have the most influence on your child's choices. You accompany their thought process, support them with the various procedural steps they have to take and share your experience with them.

Academic and Vocational Guidance

Psychologist counselors and guidance counselors are available in each CO and collaborate closely with the teachers. They inform students and answer their questions. As of the first semester of 10CO, the students (and their parents) can contact them for counseling.

9CO

- Information Day in schools (Journée des métiers) or trip to the Trades Fair (Your Challenge)
- Information sessions for parents

- Filling in the «Choice of career as a family project» booklet and discussing it with your child
- Discover www.orientation.ch
- Consulting the canton's website www.vs.ch/orientation

- Information evenings for parents during which the various guidance options are presented

10CO

- Career choice questionnaire
- Parents' meeting for a career guidance report
- Passeport Info: dialogues to exchange on the sessions followed
- Work placement presentation and work placement handbook
- Writing a CV and job application letters

- Encouraging your child to go on work placements and to take part in the Passeport Info program (trades presented by professionals on Wednesday afternoons): www.vs.ch/pi
- Taking part in open days, trade fairs, visiting schools - dates on www.vs.ch/orientation
- Contact the teacher if necessary

- Guidance options presented in class
- On request, advisory meeting with the student (and the parents if necessary) for a personal approach
- Identification and follow-up of students with specific requirements

11CO

- Project progress monitoring
- Improving the job application file, preparing for job interviews
- Information about schools, important dates for the admission exams

- Pay attention to dates, registration deadlines and entrance requirements: www.orientation.ch and www.vs.ch/orientation
- Contact the school guidance counselor if necessary

- On request, advisory meeting with the student (and the parents if necessary) for a personal approach
- Special Orientation+ program for students having trouble with their choice

www.orientation.ch



- ✓ Information in foreign languages: www.orientation.ch/migration
- ✓ Swiss Training Scheme
- ✓ Description of over 600 professions
- ✓ Apprenticeship positions available
- ✓ Information on educational opportunities

www.vs.ch/orientation



- ✓ Website for speakers of foreign languages www.vs.ch/web/osp/migrants
- ✓ Passeport Info
- ✓ Work placements
- ✓ Open days
- ✓ Registration deadlines and admission exams
- ✓ Guidance related publications
- ✓ Lists of companies authorised to train



Office d'orientation
scolaire et professionnelle



PARENTS



*Helping your child to
choose their future*

Your child is now at secondary school. It is time for them to start thinking about finding an educational or vocational project which matches their expectations and skills.

Your role as parents is crucial in this process. You are the first people who will talk about your day-to-day experience of the working world and support them with their procedural steps.



CANTON DU VALAIS
KANTON WALLIS